4-Day CTTS Training
Registration Process

For training dates and online registration, visit our website:

www.tobaccoprogram.org

Rutgers Tobacco Dependence Program
in collaboration with the
Center for Tobacco Studies - Rutgers School of Public Health
and
Division of Addiction Psychiatry - Rutgers Robert Wood Johnson Medical School
presents
4-Day Certified Tobacco Treatment Specialist Training

- Rutgers TDP has been providing CTTS training since 2000 and has trained thousands of healthcare professionals from over 40 states and 11 countries
- One of a handful of tobacco training programs accredited by the Council of Tobacco Treatment Training Programs
- Utilizes nationally-recognized clinical and research experts in the field, the majority of whom have a doctorate degree.
- Training curriculum draws from our experience running a nationally-recognized treatment program since 2000.
- Offers a training program that is independent of the CTTS certification process, eliminating any conflicts of interest.
- Located in central New Jersey, with easy access to New York City.

Training Information

| Location   | 300 Atrium Drive
            | Somerset, NJ
            | 08873       |
|------------|------------------|
| Time       | Monday - Thursday
            | 8:00am - 6:00pm
            | Registration 7:30am |
| Fee        | $1075 Includes breakfast every day and one networking lunch |

If you have any questions, please contact Claribel at (732) 235-8222
or e-mail beltrecl@sph.rutgers.edu

Rutgers - Tobacco Dependence Program

125 Paterson Street, Suite 2300
New Brunswick, NJ 08903
www.tobaccoprogram.org
(732) 235-8222
Why is Tobacco Treatment Important?
Tobacco use remains the leading cause of preventable death and disease. Recognition of the importance of tobacco use as a public health issue, combined with advances in evidence-based treatment, has led to a rapid growth in the field of the tobacco treatment specialist.

Why a Certified Tobacco Treatment Specialist?
Certified Tobacco Treatment Specialists (CTTS) are professionals specially trained to provide treatment for individuals seeking to stop using tobacco. CTTSs:

1. Understand the science behind tobacco addiction, nicotine withdrawal symptoms, and effective treatments for tobacco use
2. Provide clear and accurate information about the consequences of tobacco use
3. Develop individualized treatment plans using comprehensive, evidence-based assessments and treatment strategies, including effective medications and cognitive-behavioral strategies for quitting and staying quit
4. Work with a variety of important populations, including those with specific health issues
5. Serve as educational resources for organizations, healthcare providers, and the general public regarding tobacco use treatment issues

Advantages of Certification
Certification establishes a professional standard by validating individuals' qualifications and knowledge. The CTTS credential is awarded to individuals who meet a set of specific standards agreed upon by a multidisciplinary panel of experts in the field of treating tobacco dependence.

For individuals:
- Acknowledgement of having acquired a recognized, comprehensive skillset
- Improved employability and career advancement opportunities
- Prestige for certified individuals
- Competitive advantages over non-certified individuals

For employers:
- A more productive, efficient, and effective tobacco treatment workforce
- Assurance that individuals have acquired the necessary skillset to perform their job duties
- Assistance with making informed employment and career advancement decisions

For the public:
- Assistance with making informed decisions about treatment
- Protection of the general public from incompetent and unfit practitioners

Training Faculty:
Michael Steinberg, MD, MPH
Donna Richardson, LCSW, LCADC, CTTS
Jill Williams, MD
Marc Steinberg, PhD
Cristine Delnevo, PhD, MPH
Jane Lewis, DrPH
Mia Hanos Zimmermann, MPH, CTTS
Jose Cruz, MBA, LCSW, CTTS
Mary Hrywna, MPH
Olivia Wackowski, PhD
Claribel Beltre – Training Coordinator

Target Audience:
The Rutgers-TDP CTTS Training is designed for various professionals including:

Continuing Education hours provided for:
- Nurses - 32.5 hours
- Psychologists - 33 hours
- Social Workers - 33 hours
- Certified Alcohol & Drug Counselors - 33 hours
- Marriage & Family Counselors - 33 hours
- Certified Health Education Specialists - 32.5 hours
- Continuing Respiratory Education - 32 hours