

Foulds, Jonathan, MA, MAppSci, PhD

Director

jonathan.foulds@umdnj.edu
732-235-8213

Maurer, Joan

Training Secretary

joan.maurer@umdnj.edu
732-235-8220

Order-Connors, Bernice, LCSW, CADC

Addictions Coordinator

bernice.connors@umdnj.edu
732-235-8228

Repetto, Patricia, M.Ed.

Administrative Director

patricia.repetto@umdnj.edu
732-235-8215

Richardson, Donna, LCSW, CADC

Clinic Coordinator

donna.richardson@umdnj.edu
732-235-8223

Speelman, Nancy, CSW, CADC, CMS

Training and Education Coordinator

nancy.speelman@umdnj.edu
732-235-8218

Steinberg, Michael, MD, MPH

Clinic Medical Director

michael.steinberg@umdnj.edu
732-235-8219

Underwood, Lisa

Faculty Secretary

underwli@umdnj.edu
732-235-8202

Williams, Jill, MD

Staff Psychiatrist

jill.williams@umdnj.edu
732-235-8224

Zelentz, Stacey

Mental Health Clinician

stacey.zelentz@umdnj.edu
732-235-8203

Ziedonis, Douglas, MD, MPH

Medical Director

doug.ziedonis@umdnj.edu
732-235-8214

**New Staff at the Tobacco
Dependence Program**



Stacey Zelentz
Mental Health Clinician

The Tobacco Dependence Program would like to welcome the newest addition to our staff. Stacey Zelentz has 13 years of experience with chemical dependency treatment and mental health treatment and comes to us from the Behavioral Health Care unit of UMDNJ. Stacey will be working as a mental health clinician in our tobacco dependence clinic, performing individual assessments and providing individual and group counseling services. Stacey is licensed as a clinical social worker and certified as a drug and alcohol counselor and is fluent in Spanish. We look forward to working with Stacey and welcome her as part of our team!

The *Tobacco Dependence Program* is dedicated to reducing the harm to health caused by tobacco use. We do this through education, treatment, research and advocacy.

The *Tobacco Dependence Program*, UMDNJ-School of Public Health, helps programs, organizations and clinicians deal with tobacco issues and nicotine dependence.

Products and services include:

- ◆ **consultation**
- ◆ **education and training**
- ◆ **policy & program development**
- ◆ **treatment planning**
- ◆ **staff recovery workshops**
- ◆ **tobacco dependence treatment**



Sponsored by New Jersey Department of Health and Senior Services through the Comprehensive Tobacco Control Program.

The Nicotine Challenger is a publication of the *Tobacco Dependence Program*.

Newsletter design & production by Pressing Issues, Inc. (732) 549-9054

Upcoming Trainings

Feb 26th **Integrating Tobacco into Your Medical Practice**

Jun 13-17 **5-Day Tobacco Treatment Specialist Training**

For further information and registration for one of these training events, please visit the Training and Education section of our website:

www.tobaccoprogram.org

TDP in the News continued from page 1

TDP in the Journal of American Medical Association (JAMA)

In the September 15th issue of JAMA, UMDNJ TDP staff were quoted in a 3-page article that focused on counseling and pharmacotherapy for tobacco dependence treatment. The article suggested that smokers nationwide are not getting adequate help to quit smoking and referenced the UMDNJ Tobacco Dependence Program as a model for how to effectively treat for tobacco dependence. The TDP was listed as one of the top resources for clinicians and consumers looking for information on quitting smoking. JAMA subscribers can review the article at <http://jama.ama-assn.org/cgi/reprint/292/11/1286>.

TDP in Newsday

In a recent AP story that ran in the December 25th edition of Newsday, the TDP was recognized for its significant contributions in integrating tobacco treatment into residential treatment facilities. The primary focus of the article was the re-instatement of nicotine replacement therapy into the residential treatment programs in New Jersey, a benefit that was cut this past year due to budget cuts. Many persons interviewed for the story, including Dr. Wesley Clark of SAMHSA and Janis Dauer, program manager at the Alliance for Prevention and Treatment of Nicotine Addiction, cited New Jersey's tobacco treatment model as the strongest for those suffering from alcohol or other drugs. The TDP spearheaded the creation of this strategy under the leadership of the late Dr. John Slade. In 2001, NJ residential treatment facilities went smoke free and smokers were offered specialized counseling for tobacco addiction. As a result of this program's success, the TDP has helped over a dozen other states with the development of their treatment programs for substance abuse users.