

CHAMPION VS. TOBACCO

REGINA CARLSON

The first recipient of the John Slade NJ Tobacco Control Activist of the Year Award

by Patricia Repetto, MEd



The Tobacco Dependence Program would like to recognize Regina Carlson as our Champion for her outstanding achievements in the field of smoke-free legislation. Ms. Carlson was the recipient of UMDNJ's first ever John Slade NJ Tobacco Control Activist of the Year Award, given to her at our national conference "40 Years of Tobacco or Health: How Can We Do Better?"

Regina began her mission back in 1969, when she bought a "No Smoking" sign in a hardware store and put it on her front door. Since then, she has worked with citizens, legislators, and businesses to secure smoke-free air for nonsmokers, to ensure tobacco-free lives for children and to confront the tobacco industry. Through her work as Executive Director of the New Jersey Group Against Smoking Pollution (GASP), which she co-founded in 1974, she has encouraged and assisted many workplaces and public places to go smoke-free. NJ GASP to date has more than 1,000 dues-paying members who benefit from GASP's goals of research, education and advocacy and is the publisher of the annual 100% Smokefree Dining in New Jersey.

Regina has accepted numerous awards for New Jersey GASP over the years, including congratulations and thanks from Surgeon General C. Everett Koop, Senator Lautenberg, Governor Florio, media, legislators, health professionals, organizations, businesses, and citizens. Specifically, the New Jersey Department of Health and Senior Services, Americans for Nonsmokers' Rights, the American Lung Association of New Jersey, and the American Cancer Society, New Jersey, have given awards to New Jersey GASP

We applaud all of the hard work Regina has performed for the state of New Jersey and look forward to seeing Regina work her magic in 2005 – perhaps the year that NJ will follow other states and adopt state-wide smoke-free legislation!

About the John Slade Tobacco Control Advocate of the Year Award:

This unique NJ state award seeks both to commemorate and remember the many achievements of Dr. John Slade, former director of the UMDNJ Tobacco Dependence Program. The award seeks to honor an individual, who, like Dr. Slade, possesses an advocate's spirit and demonstrates leadership and/or achievement in the field of tobacco control.

This year's award will be given to a new recipient at our national conference on September 29, 2005. If you are interested in reading more about this award, please visit our website <http://www.tobaccoprogram.org/conf04-sladeaward.htm>.

Recent Publications

The latest publications
of our staff
since January 2004:



Foulds J, Burke M, Steinberg M, Williams J, Ziedonis D. Advances in pharmacotherapy for tobacco dependence. Expert Opinion in Emerging Drugs 2004; 9:39-53.

Steinberg M, Delnevo C, Foulds J, Pevzner E. Characteristics of smoking and cessation among high school students in New Jersey. Journal of Adolescent Health 2004; 35: 231-133.

Williams J, Ziedonis DM, Foulds J. Nicotine nasal spray in the combination treatment of tobacco dependence in schizophrenia: a case series. Psychiatric Services 2004; 55: 1064-1066.

Delnevo C, Hrywna M, Foulds J, Steinberg MB. Cigar use after a cigarette excise tax increase in New Jersey. Addictive Behaviors 2004; 29:1799-1807

Sussman, S., Patten, C.A., & Order-Connors, B. Tobacco use. In: Addiction counseling review. Robert Coombs (Ed.), York, PA: TechBooks.

Williams JM and Ziedonis DM. Addressing Tobacco among Individuals with a Mental Illness or an Addiction. Addictive Behaviors 2004;29(6):1059-1270

Steinberg ML., Williams JM, & Ziedonis DM. Financial Implications of Cigarette Smoking Among Individuals With Schizophrenia. Tobacco Control 2004 Jun;13(2):206.

Steinberg ML, Williams JM, Steinberg HR, Krejci JA, Ziedonis DM. Applicability of the Fagerström Test for Nicotine Dependence in Smokers With Schizophrenia. Addictive Behaviors 2005 Jan;30(1):49-59

SAVE THE DATE!

**National Tobacco Dependence
and Treatment Conference
Tobacco, Co-Morbidity and Stigma**

**September 29th, 2005
Hyatt Regency
New Brunswick, NJ**

*This conference will explore strategies
for reducing tobacco use
among underserved populations including young people,
those with dual diagnosis disorders,
those with mental health and addiction problems,
the elderly and the socioeconomically disadvantaged.*